Best apps...

For handling medical emergencies

- **PulsePoint** makes every user part of an emergency response team poised to assist victims of cardiac arrest. In cities that have adopted PulsePoint, users get an alert on their phones if they're within a quarter mile of someone who may need CPR. And like every other app on this list, it is free.

- **911HelpSMS** makes a user easier for an ambulance to find in a road accident or other emergency. A single touch brings up the app, which shows the user his or her location and a red button that can place a call to 911 with another single touch.

- **EMNet findER** locates the nearest hospital, which can be useful if you're far from home or just in an unfamiliar part of town.

- **ICEBlueButton** lets you keep all pertinent personal medical information on your phone. Emergency responders get access to the data using a bar code.

*Source: The Washington Post*